



Hawks Nest STEAM ACADEMY

SCHOOL COUNSELING PROGRAM NEWSLETTER



SHANDRAI SILVA, SCHOOL COUNSELOR

OCTOBER 2024

COUNSELOR MESSAGE

Happy October! Wow, it's hard to believe it's already October and we're already at the end of the first nine weeks mark. Here's a snapshot of what's been happening with the school counseling program at Hawks Nest.

In September, students engaged in lessons and activities in classroom guidance about bucket filling, making their mark, including others and addressing social isolation. We participated in International Dot Day, Start with Hello Week and made our mark with schoolwide service project. Hawks Nest donated approximately 600 household items to Catherine's House.

In October, students will continue to explore lessons in guidance class, strengthening our social and emotional skills. Students are becoming more self-awareness and socially aware as we explore becoming pioneers of change. Lessons and activities around Hispanic Heritage Month, Bullying Prevention Month, Red Ribbon Week and Responsibility will be facilitated.

The school counseling program will continue to offer individual counseling and classroom guidance. Small group counseling opportunities will be underway soon. Please feel free to reach out to me with any ideas you may have.

Here's to another great month at the Nest!

HOW TO SEE THE SCHOOL COUNSELOR

Classroom guidance classes every two weeks. Small group counseling and individual counseling by self-referral, parent referral, teacher referral, administrator referral or counselor initiated.

Contact school counselor, Shandrai Silva, at sosilva@gaston.k12.nc.us and/or 704-866-8467.

Student Support Services @ the Nest



School Counselor: Shandrai Silva
School Social Worker: Diane Manning
School Nurse: Susan Clark

PROMOTING CHARACTER EDUCATION

"WE'RE SOARING WITH GOOD CHARACTER"

RESPONSIBILITY

is the character trait of the month. Responsibility is being dependable in carrying out obligations and duties. Showing reliability and consistency in words and conduct. Being accountable for your own actions. Being committed to active, involvement in your community. playing by the rules; taking turns and sharing; being open-minded; listening to others and treating others fairly.



You Can Use



Resources like this poster from [Talking Trees Books](https://www.talkingtreestbooks.com) share lessons, discussion questions and activities on Responsibility, including [Children's Books with lessons on Responsibility](https://www.childrensbooks.com).



UNITY DAY IS OCTOBER 16TH - WEAR ORANGE



**WORLD MENTAL HEALTH DAY
OCTOBER 10, 2024**

**RED RIBBON WEEK
OCTOBER 23RD - 27TH**

